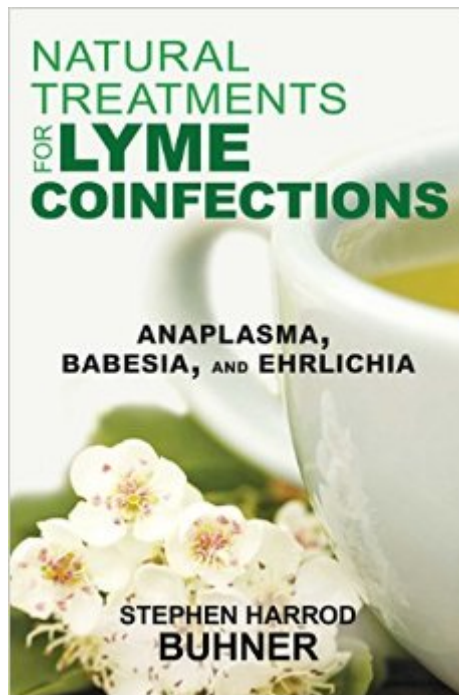


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# Natural Treatments For Lyme Coinfections: Anaplasma, Babesia, And Ehrlichia



## Synopsis

A guide to the natural treatment of three coinfections of Lyme diseaseâ Reviews the latest scientific research on Babesia, Ehrlichia, and Anaplasmaâ Reveals how these three conditions often go undiagnosed, complicate the treatment of Lyme disease, and cause symptoms from headache to seizuresâ Outlines effective natural treatments with herbs and supplements for specific symptoms and to combat overreactions of the immune system and the inflammation response Harvard researchers estimate there are nearly 250,000 new Lyme disease infections each year--only 10 percent of which will be accurately diagnosed. One of the largest factors in misdiagnosis of Lyme is the presence of other tick-borne infections, which mask or aggravate the symptoms of Lyme disease as well as complicate treatment. Three newly emergent Lyme coinfections are Babesia, Ehrlichia, and Anaplasma. Tens of thousands of people are known to be asymptotically infected and at least ten percent will become symptomatic this year--with symptoms ranging from chronic headache and arthritis to seizures. Distilling the latest scientific research on Babesia, Ehrlichia, Anaplasma, and Lyme disease, Stephen Buhner examines the complex synergy between these infections and reveals how they can go undiagnosed or resurface after antibiotic treatment. He explains how these organisms create cytokine cascades in the body--essentially sending the immune system into an overblown, uncontrolled inflammatory response in much the same way rheumatoid arthritis or cancer can. Providing an in-depth guide for those suffering from Babesia, Ehrlichia, or Anaplasma infection as well as for clinicians who work with those infected by these organisms, Buhner details effective natural holistic methods centered on herbs and supplements, such as Ashwaganda and Chinese Skullcap, and reveals how to treat specific symptoms, interrupt the cytokine cascades, reduce inflammation, and bring the immune system back into balance. He explains how these natural methods not only complement conventional Lyme disease treatments involving antibiotics and other pharmaceuticals but also provide relief when other forms of treatment have failed.

## Book Information

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## Customer Reviews

This book, together with Stephen Buhner's Healing Lyme and Healing Lyme Disease Coinfections: Complementary and Holistic Treatments for Bartonella and Mycoplasma, is literally saving my life. I was ill with Lyme and co-infections for over 12 years before being properly diagnosed with several positive blood tests, including one for Babesia duncani, and have spent much of the last 15 years sick in bed, missing out on what I might have accomplished and enjoyed. After extensive long-term antibiotic treatments, that reversed dementia and got me on my way back to normal, I was still suffering moderate to severe symptoms in several areas and became interested in herbal treatment options. Stephen Buhner's books are a God-sent for me. Not knowing much about herbal medicines, his books provided me not only with a suggestion of what may be best for me to take, but also an elaborate background on each plant, the way it is best used for medicine (tincture, powder, tea, capsule, standardized herb, etc.), how much is recommended to take for my condition, what is a safe maximum dose established by history or medical study, what known interaction it has with other drugs or herbs, and, most importantly for me, what exactly it is likely to do for me to help me recover. From the first time I started reading Stephen Buhner's books, I have been very impressed with his approach to seeking the truth and sharing what he finds without reservations or holding back, considering the amount of money he could make with patents or proprietary tinctures or as an exclusive practitioner. He reminds me of Wilhelm Conrad Röntgen, who discovered X-rays but did not get a patent on his discovery, so that it could be freely used to benefit everyone.

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